

Unit 6 – Learning from failure to ignite success

Viewing failure in a new light

to spot an error	It's easier to spot an error than it is to correct that error.	einen Fehler entdecken
to make an error	Christina made an error while entering data into a spreadsheet.	einen Fehler machen
to be blind to someone's faults	When we love someone, we can be blind to their faults because we only focus on their positive qualities.	die Augen vor jemandes Fehlern verschließen, blind für die Fehler von jemandem sein
to report a fault	Shenandoah reported a fault in the way her team had assembled the structure.	einen Fehler melden
to fix a fault	Ben's brother had to fix a fault in the house's foundation before they resumed building.	einen Fehler beheben
to fear failure	Many students fear failure because they're under so much pressure from their families to get good grades.	sich vor Versagen fürchten; Angst haben zu versagen
to consider something a failure	One of my teachers once told me that I should only consider something a failure if I didn't learn from it.	etwas als Misserfolg betrachten
to result in failure	Even the best plans sometimes result in failure.	zum Misserfolg führen
to pay for someone's mistake	A salesperson wrote down my address wrong and I had to pay for her mistake, which was the cost of the return shipping.	für den Fehler eines/einer anderen bezahlen
to realise one's mistake	Mickey realised her mistake just in time and pressed the "cancel" button.	einen eigenen Fehler erkennen
to excuse someone's mistake	Jackie's father excuses her mistakes if she tells him right away when something goes wrong.	jemandes Fehler entschuldigen
to (just) be lucky	Sometimes people are just lucky but success that comes from luck is usually short-lived.	(einfach) Glück haben
to be a stepping stone on the road to success	Difficult situations or setbacks are just stepping stones on the road to success.	ein Sprungbrett auf dem Weg zum Erfolg sein
to be devastating	The effects of the tidal wave were devastating to the island.	verheerend / vernichtend sein
to be embarrassing	Lauren's attempt at karaoke was embarrassing, but she was happy she tried.	peinlich sein
to be interdependent	All living things are interdependent because all life needs things from other life forms to stay alive.	voneinander abhängig sein
to be open to change	In order to improve yourself, you must be open to change or you'll never actually do anything about what bothers you.	offen für Veränderungen sein
to be regarded as a personal defeat	A setback is sometimes regarded as personal defeat, even if it's just a brief inconvenience.	als persönliche Niederlage angesehen werden
to be seen as a lack of success	Changing jobs or careers is seen as a lack of success even if it's often the complete opposite.	als Mangel an Erfolg / mangelnder Erfolg angesehen werden
to be very frustrating	Heavy traffic when you're already late to work is very frustrating for everyone involved.	sehr frustrierend sein
to gain strength	Each time Peter struggled, he gained strength for his next attempt.	Kraft gewinnen / erzielen / schöpfen
to gain valuable insights	Mistakes allow people to gain valuable insights into how they can do something differently in the future.	wertvolle Einsichten gewinnen

to get to know oneself better	Eveline got to know herself better as she struggled to find the right topic for her Master's thesis.	sich selbst besser kennenlernen
to not meet a desired or intended objective	Enrico always felt disappointed when he did not meet an intended objective like finishing the chapter of his book before the end of the week.	ein gewünschtes oder angestrebtes Ziel nicht erreichen
to overcome challenges	Some of the most inspiring stories are about people who overcame significant challenges and are now happy and successful.	Herausforderungen bewältigen
to practice perseverance	Lars tries to practice perseverance and keep going despite sometimes feeling hopeless.	das Durchhaltevermögen trainieren
to push oneself	Jan knew he had to push himself to make it up one more hill and then he'd be able to enjoy the view.	sich selbst motivieren / antreiben / fordern
to stay patient	The most successful people alive today had to stay patient and wait for their chance at some point.	geduldig bleiben
to teach someone a lesson	A bad decision and a failed business venture taught Nora a lesson in not investing too much, too soon.	jemandem eine Lehre / Lektion erteilen
to try something different	Jonah is trying something different after so many years working in a bakery; he's now volunteering at an animal shelter.	etwas Neues ausprobieren
What we can learn from our failings		
to err is human	My grandmother would also tell us that to err is human and that we shouldn't be ashamed of making mistakes.	Irren ist menschlich
to be a gift and guidepost in one's learning and growth	Even something as disheartening as a failed test can be a gift and guidepost in one's learning and growth.	ein Geschenk und ein Wegweiser für das eigene Lernen und Wachstum sein
to embrace failure, mistakes and one's screw-ups	Nelia encourages her two children to embrace failure, mistakes and screw-ups and not let that affect their self-worth.	das Scheitern, die Fehler und das eigene Versagen annehmen / akzeptieren
to get in touch with one's commitments	Being aware of our shortcomings allows us to get in touch with our commitments and prioritise necessary actions.	sich der eigenen Verpflichtungen bewusst werden
to want to cover up one's mistakes	Jolene always wants to cover up her mistakes as well as she can, but since this isn't possible, she's trying to embrace them more.	die eigenen Fehler vertuschen wollen
to (not) be embarrassed by one's mistakes	It's impressive that Stephen isn't embarrassed by his mistakes; he just accepts feedback and moves on.	sich (nicht) für die eigenen Fehler schämen
to trace mistakes to recurring patterns of belief or behaviour	Tony often traces mistakes to recurring patterns of belief or behaviour that are affecting how he deals with the world.	Fehler auf wiederkehrende Glaubens- oder Verhaltensmuster zurückverfolgen
to take responsibility for a failure	Myra took responsibility for a failure and showed a great deal of emotional maturity.	die Verantwortung für einen Misserfolg übernehmen
to pay attention to the integrity of the choices we make every day	Part of living a good life is paying attention to the integrity of the choices we make every day and holding ourselves to a high standard.	auf die Richtigkeit der Entscheidungen achten, die wir jeden Tag treffen
to use the failure as evidence of one's personal growth	Entrepreneurs will use the failure they experienced as evidence of their personal growth.	das Scheitern als Zeugnis des persönlichen Wachstums werten

How to overcome school failure		
to lack motivation	Cassandra lacks motivation in History because she feels overwhelmed and hates memorising dates.	keine Motivation haben
to suffer from depression and frustration	Students with burnout suffer from depression and frustration.	unter Depressionen und Frustration leiden
to foster fear of failure	Pressure to perform fosters fear of failure in both children and adults.	Angst vor dem Versagen schüren
to weaken students' interest	Too much stress at home weakens students' interest in learning and school.	das Interesse der Schüler/innen schwächen
to not want to attend school	When they are young, many students do not want to attend school because it is a new and unfamiliar place.	nicht zur Schule gehen wollen
to not believe in oneself	Paul received so much criticism as a child that he did not believe in himself even when professors told him how capable he was.	nicht an sich selbst glauben
to learn from one's mistakes	Learning from her mistakes allowed Haillie to get an incredible mark on the final test of the semester.	aus den eigenen Fehlern lernen
to change one's learning and study habits	Julia changed her learning and study habits because she noticed it was no longer working for the material she had to learn.	die eigenen Lerngewohnheiten und das eigene Lernverhalten ändern
to practise self-criticism	After something goes wrong in a student's life, he or she may practice self-criticism.	Selbstkritik üben
to analyse the reasons that have caused the failure / bad marks / bad grades	Jen analyses the reasons that have caused the failure to help her learn from the experience.	die Gründe für den Misserfolg / die schlechten Noten analysieren
to not over-dramatise	Josh didn't over-dramatise the situation, even though at the time he felt like punching the wall.	nicht überdramatisieren
to apply new study techniques	When Georgiy switched his major, he applied new study techniques that were much better for his chosen field.	neue Lerntechniken anwenden
to learn to overcome nerves	In test situations, Fabienne finally learned to overcome nerves and remember what she had learned.	lernen, die Nervosität in den Griff zu bekommen
to create a solid action plan	If an academic programme or assignment seems hard, it's time to create a solid action plan to deal with it.	einen zuverlässigen Maßnahmenplan erstellen
to consider getting a tutor	Robert considered getting a tutor for Math because he can understand it a lot better when someone explains it to him.	in Erwägung ziehen, einen Tutor/ eine Tutorin zu engagieren
to accept that success is never guaranteed	Ramona accepted that success is never guaranteed when she got a poor grade on a test she had studied well for.	akzeptieren, dass es nie eine Erfolgsgarantie gibt
to reveal what one can do better	Feedback and constructive criticism reveal what you can do better.	aufzeigen / offenbaren, was man besser machen kann
to think of alternatives	When Cornelia didn't know the answers, she tried to think of alternatives.	über Alternativen nachdenken
to become more flexible	Ingo became more flexible and adapted to the wishes of his professors, eventually earning a fantastic final mark on his Bachelor's thesis.	flexibler werden
to not give up	Brooke did not give up no matter how difficult things seemed to be.	nicht aufgeben

to prevent oneself from becoming a control freak	It's important to keep academics in perspective to prevent yourself from becoming a control freak.	sich selbst daran hindern zu einem Kontrollfreak zu werden
to test one's limits	Glen knew that if he never failed, he hadn't ever tested his limits.	die eigenen Grenzen austesten / an die eigenen Grenzen kommen
to prove to oneself what one is capable of doing	Matthias wanted to prove to himself what he was capable of doing, so he entered and finished a Spartan race.	sich selbst beweisen, wozu man fähig ist
to test one's mettle	Grandma told Sofie that jumping into cold water tests her mettle and shows how strong and brave she is.	den eigenen Mut / Eifer unter Beweis stellen
to enhance one's self-esteem	Joy's successful book of poetry and the overwhelmingly positive response enhanced her self-esteem.	das Selbstwertgefühl stärken
How to make up for a mistake at work		
bullying in the workplace	Unfortunately, some people experience bullying in the workplace.	Mobbing am Arbeitsplatz
sexual harassment	Many offices have very strict sexual harassment policies.	sexuelle Belästigung
communication breakdown	Earlier in the week, our team had a communication breakdown and no one knew what was happening or what the task at hand was.	Zusammenbruch der Kommunikation
personal issues	Sometimes personal issues can interfere with employees' ability to do their jobs.	persönliche Probleme
clash of personalities	There are some people at the firm who automatically cause a clash of personalities if they are in the same room with each other.	Aufeinanderprallen von Persönlichkeiten
gossip	Our team has a lot of office gossip.	Klatsch und Tratsch
to be overwhelmed with work	Guy is overwhelmed with work right now; he has two proposals due tomorrow!	mit Arbeit überlastet sein
structural difficulties	Structural difficulties can make it almost impossible to make progress up the corporate ladder.	strukturelle Schwierigkeiten
legal dispute	Companies are sometimes involved in legal disputes with competitors or customers.	Rechtsstreit, Rechtsstreitigkeit
something cannot be postponed	Meetings with the CEO cannot be postponed because it is so difficult to find a time when the whole team can meet.	etwas ist unaufschiebbar
to be discriminated against	Lawrence felt he was discriminated against by the hiring department of a major tech company.	diskriminiert werden
to get a bad performance review	Last quarter Cecil got a bad performance review and he's been sulking ever since.	eine schlechte Leistungsbeurteilung bekommen
to apply lateral thinking	Applying lateral thinking techniques can help give employees a bit more creative inspiration.	unkonventionelle Problemlösungsstrategien anwenden, querdenken
to rely on gut instinct	Connor relies on gut instinct; very rarely does he use logic to reason out a problem.	sich auf das Bauchgefühl verlassen
to think on one's feet	Georgia is great at thinking on her feet and adapting quickly to new situations.	schnell und entschlossen reagieren
to think outside the box	Fred told us we needed to think outside the box and come up with an idea that no one would expect.	querdenken, über den Tellerrand hinaus schauen
to be adaptable and flexible	Homer is adaptable and flexible; he is never bothered when we have to make changes.	anpassungsfähig und flexibel sein

to have analytical skills	Tobias has incredible analytical skills – we couldn't do data interpretation without him.	über analytische Fähigkeiten verfügen
to use a process of elimination	Beverly used a process of elimination to determine who in the office had been stealing her favourite tea bags.	ein Ausschlussverfahren anwenden
to take precedence over everything else	Customer satisfaction takes precedence over everything else in the service industry.	(den) Vorrang haben vor allem anderen
to find some middle ground	During an argument between two colleagues, Margaret tried to intervene and help them find some middle ground.	einen Mittelweg finden
to define the problem	The first step is to clearly identify and define the problem the company faces.	das Problem definieren
to evaluate and select alternatives	Carl's idea was no longer possible so his team had to evaluate and select alternatives to get the job done.	Alternativen bewerten und auswählen
to strongly recommend something	Quinn strongly recommended finding a solution as soon as possible.	etwas eindringlich / nachdrücklich empfehlen
to generate potential solutions	Brainstorming sessions are great places to generate potential solutions for a problem.	mögliche Lösungen entwickeln
to admit to a mistake	If something is a team member's fault, everyone else would hope that they can admit to a mistake.	einen Fehler zugeben
to stay cool	Kimberly always stays cool even under pressure or when getting yelled at by the CEO.	einen kühlen Kopf bewahren
to take full responsibility	Alice took full responsibility for her rude comment at the meeting the other day and apologised to everyone there.	die volle Verantwortung übernehmen
to present solutions to correct the error	Even better than admitting to the mistake is presenting solutions to correct the error.	Lösungen präsentieren, um den Fehler zu korrigieren
to not continue feeling guilty about the mistake	Once measures have been taken, you should not continue feeling guilty about the mistake because it is in the past.	sich nicht weiter wegen des Fehlers schuldig fühlen
call for tenders	Vanessa was anticipating the next call for tenders from her firm's partner company.	Ausschreibung
to put in a tender / bid	<i>Stoneware Graphics</i> put in a bid to create the new logo and fonts for an up-and-coming textile company.	ein Angebot (auf eine Ausschreibung) abgeben
to be awarded the contract	Unfortunately, a more established competitor was awarded the contract at the end of May.	den Zuschlag für einen Auftrag erhalten
to put something out to tender	Stefanie's architecture firm put out a renovation project to tender and are still waiting for more responses.	etwas / eine Dienstleistung ausschreiben
supplier	Jeff found a new supplier and will be able to order the materials next week.	Anbieter/in, Zulieferer/Zulieferin, Lieferant/in
public sector	Hank was mistrustful of many of the systems in the public sector because he was afraid of being controlled by the government.	öffentlicher Sektor
submission deadline	The submission deadline is coming up quick, you better finish your entry soon!	Abgabeschluss, Eingabefrist
public procurement	Phillipe's company was involved in the public procurement process of supplying the local police department with computers.	öffentliche Auftragsvergabe, öffentliches Auftragswesen

to figure out	Mr Green and I just want to figure out why profits have dropped so much without warning.	herausfinden, ergründen
to reinvent the wheel	It's not necessary to reinvent the wheel with every contract; sometimes you have the necessary financial portfolio suggestions in place already.	das Rad neu erfinden
pricing policy	Many companies have drastically changed their pricing policies in response to inflation.	Preispolitik